



St Mary's Catholic Primary School Newsletter

Vol 3. 1.15

19 February 2015

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IMPORTANT DATES

February

Fri 20 Welcome Morning Tea
9.00am

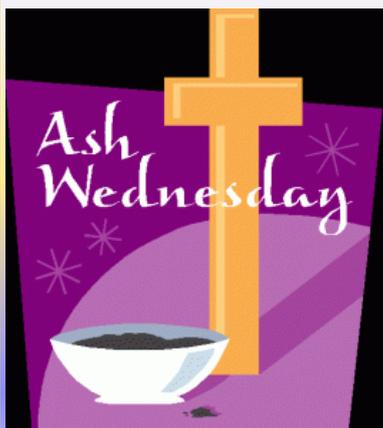
Vision Statement

A welcoming faith
community

We value
relationships

We pursue excellence
in learning

We live the Gospel
message of love



Dear God, as we begin Lent,
Make this season holy
And give us the blessing of your
forgiveness.
May your spirit help us change our
hearts.
Amen

Dear Parents, Students and Friends,

Now that all Parent Information Meetings have been held, classroom routines are established and learning programs are well underway. Thank you to parents for your support of teachers' work in classrooms. One attribute of being a successful learner and achieving goals is persistence. The ability to persist at a task and see it through to the end is one of the most important success attributes that we, parents and teachers, can develop in our students. There are numerous times everyday, both at home and at school, when children must persist rather than give in, e.g. a child learning to tie shoelaces must persist; a student must show determination to finish tasks, particularly those he/she doesn't understand or complete straight away. Children need the "stickability" to work through difficulties and hang in there when things don't go their way. Parents can promote persistence by encouraging children to keep going and not give in at the slightest hurdle or difficulty. Making life too easy so that children don't have the opportunity to persist or hang in there can impede the development of persistence. "You Can Do It" is far more powerful than, "if it is a little hard, then try something else." Michael Grose, parenting expert, suggests the following four strategies that parents can use to promote a sense of persistence in children.

1. Develop a vocabulary for persistence. Words like "Hang tough", "Work Hard" and "Hang in there" can become part of their everyday vocabulary.
2. Point out to children when they stick at a task. Most parents know it pays off when they catch their children being good but it also pays off to catch them being persistent. The behaviours you focus on as parents expand so let them know when they have been persistent. Also remind them that persistence generally pays off.

3. Help children to remember times when they experienced success by HANGING IN when they were younger. Let them know that persistence has paid off before and it will again.

4. Talk about HARD WORK with your children. They need to understand that to be successful they sometimes need to do things that are NOT fun or easy. While it would be good if all work and learning was fun, in reality, this is not always the case.

Maureen Tully
Principal

STUDENT AWARDS

YEAR 1	Lauren Dillon	Elianna Cross	Eamon Ramsay	Leo Pemberton
YEAR 2	Amahli Lowe	Jorja O'Reilly		
YEAR 3	Archie Pemberton	Ryan Sutton	Bridie Kelly	Finn Marshall
YEAR 4	Caitlyn Hebbend	Charlee Sidebottom		
YEAR 5	Jack Di Lallo	Sage Gilroy		
YEAR 6	Charlee Jones	Karis D'Andrea		

SCHOOL NEWS

ITALIAN LESSONS

Italian lessons for 2015 commenced yesterday. We welcome Mrs Nita Scasserra back to teach Italian this year. Students from Years 4—6 have one hour of Italian each week, with Years 1—3 having two half hour lessons.

PARENTS IN CLASSROOMS

While parents are always welcome in classrooms before school, I ask that parents reflect on why they are there, how long they are staying and the impact they are having on before school routines.

The time between 8:30am, when classroom doors open, and 8:45am, when the siren rings, is used by class teachers to check diaries, hear reading, check reading logs, hear and test times tables, check in with individual children about work covered from the previous day or check individual children's understanding of concepts, sometimes revising work.

We ask that parents allow children to unpack their own bags and set out their own desks each morning, thus developing responsibility for self and own belongings. While you are welcome to look at work in your child's workbooks and talk with them about this, you are asked to keep the conversation to a low level. This looking at workbooks should not be a daily routine, as workbooks are sent home twice a term.

Parents greeting and chatting with other parents are asked to move outside to the verandah or courtyard. On occasions, the volume of conversations between parents is so high that it has interrupted the one-on-one work the teacher is doing with students. Some classrooms have been so congested with adults gathering in there that it has been difficult for children to manoeuvre their way through and get organised, as well as being difficult for the teacher to determine which students have arrived.

We look forward to the support of parents in these considerations, thus permitting teachers to make effective use of the before school timeslot.

Again, I reiterate that parents are welcome on site and we encourage parents to build relationships with each other. However, please use verandahs, courtyards and undercover areas for this.

PRE PRIMARY MOTHER'S DAY MORNING TEA HELP PLEASE

Pre Primary are making some delicious home made goods for the upcoming Mother's Day Morning Tea and are URGENTLY requesting donations of any GLASS JARS or GLASS SAUCE BOTTLES with lids. The jars/bottles will be put to good use and would be of great help to our Pre Primary Mums. Any size would be greatly appreciated. They can be brought into the Front Office who will pass them on to us. Thank you!

P&F 2014 FOOTY TIPPING

There is unclaimed prize money from last year's Footy Tipping Competition. Can the following entrants please visit the office to collect their prize money:

Pat Mitchell
Allen Mitchell
Riles
Besty

Thank you!

[CRISIS MANAGEMENT PLAN—EVACUATION DRILL](#)

In order to provide a safe environment for students, staff and members of the school community, St Mary's has a detailed Crisis Management Plan that outlines preventative measures to reduce the likelihood and impact of crisis. The plan also outlines procedures to be followed in the case of an emergency or crisis. These include practices and procedures for evacuation.



Today we had a whole school evacuation drill for the students from Kindy to Year 7. The drill was unannounced to either staff and students, providing an opportunity to determine the effectiveness of the evacuation plan. Staff will discuss the drill at next Tuesday's staff meeting to review our procedures. Parents are encouraged to discuss the drill with their children—the what, why and how.

[WHY DO TEACHERS HAVE A CONTAINER OF POPSTICKS ON THEIR DESKS](#)

An important aspect of the Explicit Direct Instruction teaching approach at St Mary's is CFU (Checking for Understanding). Teachers want to verify that students are learning what teachers are teaching while they are teaching it. Students are required to answer correctly, applying the information just taught to them. Teachers ask a CFU question of the whole class and pause 3 to 5 seconds to allow thinking time for all students to prepare an answer. Teachers then "Pick-a-non-Volunteer" to answer. In order to randomly pick a student, teachers write the names of the students on individual pop sticks. After "Wait Time", teachers "pull a stick" and call on the student to answer. With this increased accountability, students are required to pay attention, as they may be called upon at any time. This in turn improves learning outcomes. Using pop sticks, greatly reduces the need for students to raise hands. Research has shown that with using "hands up" to select students to answer, about 20% of students volunteer to answer, with a greater number of students being less attentive and engaged than we wish them to be. Regular Checking for Understanding enables the teacher to continuously monitor student learning and engagement throughout the lesson.



[CANTEEN SUPREME NEWS](#)



The recess menu will have a few additions this Friday – Watermelon Blocks and Frozen Grapes will be available to help our students cool down and get an extra serve of fruit.

A very big thank you to Michelle Patane-Dillon, Janelle Norrish and Susan Mainstone who are our Canteen Superstar Mums this Friday 20th February and to Jodie Scott who is really racing up the brownie points and doing her second roster for this term. I'll make sure the kettle is on.

[HPE News](#)

Swimming Training has commenced. It is every Tuesday and Thursday morning at the SWPC, 7.00-7.45am.

Parent helpers to date for our Swimming Carnival are: Shannon Michele, Martin Hynes, Meaghan Guerin, Trish Welsh, Terry Williams, Janelle Norrish, Vince and Medrica DeLallo, Siobhan DeCoppi and Sapna Heble. We need at least 5 more parent helpers. The Carnival is on Thursday 12th March, 12.30-2.30pm.



There is no Friday Fitness Fun until further notice. We're waiting for the weather to cool down.

[HOSEA CUP](#)

The annual Catholic Schools Golf Day (Hosea Cup) will be held on Wednesday March 4th. If any parent who has a business would like to donate a novelty prize I will ensure that your business gets suitable mention on the evening. We usually have around 70 staff members from Margret River through to Mandurah.

Tino Alberti
HPE Teacher.

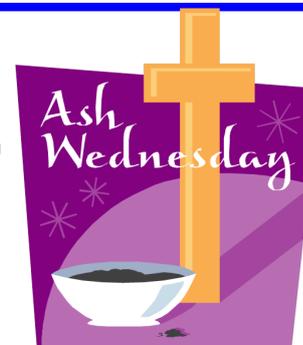
RE MATTERS

Ash Wednesday Mass

Yesterday we celebrated a beautiful liturgy with Father Ed. It is such a delight to have him back with us after a much deserved holiday.

It was our first School Mass for the year and the children are to be commended for their reverence and participation throughout the Mass.

Thank you to those parents and friends who shared the Eucharist with us.



Lent



Lent is the primary time for celebrating the Sacrament of Penance, because Lent is the season for baptismal preparation and baptismal renewal.

The three traditional pillars of Lenten observance are prayer, fasting and almsgiving.

Prayer: More time given to prayer during Lent should draw us closer to the Lord.

We might pray especially for the grace to live out our baptismal promises more fully.

Fasting: Fasting is one of the most ancient practices linked to Lent.

Fasting should be linked to our concern for those who are forced to fast by their poverty, those who suffer from the

injustices of our economic and political structures, those who are in need for any reason. Thus fasting, too, is linked to living out our baptismal promises.

Fasting can help us realize the suffering that so many people in our world experience every day, and it should lead us to greater efforts to alleviate that suffering.

Abstaining from meat traditionally also linked us to the poor, who could seldom afford meat for their meals.

Almsgiving: It should be obvious at this point that almsgiving, the third traditional pillar, is linked to our baptismal commitment in the same way.

It is a sign of our care for those in need and an expression of our gratitude for all that God has given to us.

Works of charity and the promotion of justice are integral elements of the Christian way of life we began when we were baptized.

RE Dates

Wednesday March 4	9am	PP – Year 3 Liturgy	Chapel
Wednesday March 11	9am	Year 6 Reconciliation	
Wednesday March 18	9am	Year 5 Reconciliation	
Wednesday March 25	9am	Year 4 Reconciliation	
Wednesday April 1	2pm	Holy Week Liturgy	

JUST LEADERSHIP DAY

On Friday, 14th February 2015, Mrs Troost came here from Caritas to talk to us about Leadership. 8 students from St Brigid's came to our school, St Mary's Bunbury. Mrs Troost talked to us about what Caritas does for others in need and how important leadership is. We did activities in groups. The theme for Caritas this year is food. In our groups we completed a worksheet about what qualities a leader has to have and asked us about what leaders we know and what qualities they have. Mrs Troost showed us a video about people from all over the world not having enough food and what they have done to help them. Mrs Troost told us a story. It was called Stone Soup. The moral of Stone Soup is: everybody has a little something and if you add it all together, it will become beautiful soup.

By Lachlan Lord and Javen Fitch, Deputy Head Boy and Girl

COMMUNITY NEWS

Casino Night- all the fun of blackjack, roulette and poker but no risk of losing real money!

Friday March 20th

6:30 pm onwards

Bunbury Rowing Club

\$60 a ticket gets you entry, \$2000 fun money (for poker, blackjack and roulette), a complimentary drink on arrival and food.

We will also have photo booth, lucky dip balloons, Willowbridge wine and a candy buffet.

Grand prize for the player with the most points, door prize and best dressed !

All proceeds will go to Caritas. Please

see www.caritas.org.au

If any one is interested they can contact Hayley Bowen on 0407198923 or bowen.hayley@yahoo.com



Caritas
AUSTRALIA



Club sign on day

March 7th at 9am - 12noon

Bunbury Hockey Stadium

Junior contact

Clare Woolsey cwoolsey2@bigpond.com 0417909164
Shelley Madaffari madaffari@westnet.com.au 0409884249

Senior's contact

Men's Vice President: Hayden Scott hadoscott1985@hotmail.com 0400725881
Women's Vice President: Chris Devereux gumpboy13@hotmail.com 0000000400106319

TSHC senior coach Shane Jamieson
Junior development training session
10am to 12 noon



FAMILY /REGISTRATION DAY

DATE-SATURDAY 21st FEBUARY

TIME-11am-2pm

VENUE-South Bunbury Football Club (Hands Oval)

The South Bunbury Junior Football club is a community-based club, which promotes and encourages the Australian Rules Football Game for girls and boys from Year 4 up to year 11. Last Year we brought in a Youth Girls Team (Ages 13 and up).

We aim to provide a safe and fun environment for boys and girls to participate in, and learn the game of Australian Rules football within our community based club and promote and create club spirit. We are a family orientated football club supporting full participation from all our families and offer volunteer opportunities for all associated roles and responsibilities critical to the safe and effective running of our football club.

We have Fantastic Support from our Senior Club who provides things like Development Squad, Senior Players to help with junior training, and a Junior Footballer mascot at every senior home game.

You Can Also Register Online- <http://sbfc.com.au/junior-online-registration/>

ONE CLUB, ONE VISION

South Bunbury Junior Football Club

Teams

Year 4's (age 9)	Year 5's (age 10)
Year 6's (age 11)	Year 7's (age 12)
Year 8's (age 13)	Year 9's (age 14)
Year 10's (age 15)	Year 11's (Age 16)
Youth Girls (Age 13 & up)	

www.sbfc.com.au

Please Contact President: Steve Kirby-PH-0429916756,

[Email-sbjfc.president@gmail.com](mailto:sbjfc.president@gmail.com)

www.sbfc.com.au



Junior Football Club (Inc)

Registration and family fun day 22/2/15 at 9am-12
pm

To be held at the Marist Junior football club rooms ,
Albert oval Bunbury Catholic College
Sausage sizzle, and the footy's will be out for a kick
with your mates.

Come down and support your club

To register online please follow the link below

[Marist JFC 2015 Registration](#)

Second registration day will be held on Thursday the 26/2/15 from 3pm-4pm



Are you wondering whether or not to put up your hand to join the P&F Association/Parent Group? Wondering what the benefit to your child might be?

Significant research over the past 40 years shows clearly and consistently that if you are involved/engaged in your child's education, that the benefits will include:

- Improved school readiness
- Higher academic achievement
- Higher graduation rates
- Greater ability for your child to self-regulate their behaviour
- Better social skills
- Enhanced student wellbeing
- More consistent completion of homework
- Better transitions to high school and beyond
- More realistic planning for the future
- Better attitude towards school
- Better attendance
- Higher retention rates

Hopefully you will agree that even one of these outcomes is worthwhile attending a meeting for. Come along and help to build a positive, vibrant community at your school and watch your child reap the benefits!



SUSTAINABILITY NEWS:

*“Sustainability addresses the ongoing capacity of Earth to maintain all life”
(Australian Curriculum)*



St Mary's supports and encourages actions that demonstrate more sustainable patterns of living.

Our Sustainability Program in 2015 seeks to develop in our children and parents the knowledge, skills, values and world views necessary to act in ways that contribute to more sustainable patterns of living.

This year each class will be responsible for one aspect of our sustainability program:

Kindy– Reuse household items

Pre-Primary—a vegetable patch

Year 1—Can tabs

Year—2 Battery / printer cartridge Recycling

Year 3– Aluminium Can Recycling

Year 4– Shredded paper Mulch

Year 5– Chook Scrap collection and distribution.

Year6— recycling, garden maintenance , vegetable picking and sales.

Jenny Noack

REDUCE.....NUDE FOOD DAY-

Each Wednesday is our school's nominated Nude Food Day.

Nude Food encourages individuals to make their lunch a healthy, nutritious and environmentally friendly meal by filling it with fresh food and eliminating all unnecessary wrapping! Although we encourage children to have Nude Food every day, we have set aside each Wednesday as our designated Nude Food Day.



REUSE-

- ◆ Kindy will coordinate items to be reused through out the school in Art, Science and Maths.
- ◆ Second hand uniforms can be donated and/or purchased from the uniform shop.
- ◆ Misson Market Day has a second hand toy & book stall (Donations at any time to Year 2)

RECYCLING-

All classes actively recycle in the classroom and in the playground.

- ◆ There are recycle boxes in all the rooms and offices and these are emptied into our large recycling bin for collection once a fortnight.
- ◆ There are two yellow lid recycling bins in the playground to be use to recycle paper & plastic from lunches.