



St Mary's Catholic Primary School

Newsletter

Vol 10.3.15

24 September 2015

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IMPORTANT DATES

September

Fri 25 Sept

Last Day of Term

Pre Primary Assembly

TERM 4

October

Mon 12 Oct

School Commences for
Staff and Students

Interm Swimming PP - Year 6

Tues 20 Oct

P & F Forward Planning Meeting

Vision Statement

A welcoming faith
community

We value
relationships

We pursue excellence
in learning

We live the Gospel
message of love

HOLIDAYS!: PRAISE THE LORD!

We have the good fortune in life to be gifted with
holidays.

Most of us love holidays and look forward to them with
great anticipation.

Holidays present us with opportunities to do new
things,

meet new people and perhaps explore new destinations.

Even if we can't get away, holidays give us the chance
to spend time with

Family and friends or simply slow down and
appreciate life in a different way.



PRAYER:

Lord, I am grateful for the opportunity
to enjoy the holiday break.

Through Your Spirit I ask:

- ✱ that this period of time will bring
me a new awareness of the good
things in life;
- ✱ that I become more knowledgeable
of Your wondrously versatile
creativity;
- ✱ that I be revitalized to be better
able to fulfil my true goals in life;
- ✱ that at the end of my holidays I
will return to my daily tasks with
cheerfulness and good will.

Amen

Dear Parents, Students and Friends,

We come to the end of a very busy term and look forward to the rest and relaxation that the holidays will bring. Thank you to staff, students and parents for your work this term. We can reflect back on all we have achieved together and our many successes in Term 3. Thank you to parents who assisted in so many ways - Toe-by-Toe Program, Canteen, assisting in classrooms and with P & F events. Thank you to parents who attended meetings, contributing to decision making and what we strive to achieve together.

I wish all families a relaxing, enjoyable and safe holiday period. Travel safely when out and about.

We look forward to welcoming students back to school on Monday 12 October. The first two weeks of Term 4 will see all students from Pre Primary to Year 6 attend swimming lessons each day. Students may wear sports uniform for the two week duration. From Week 3, students wear summer uniform.

Thanks to the planning and coordination of the P & F, the basketball resurfacing project will commence in the school holidays and may continue into the first two weeks of Term 4. We look forward to putting our new courts to good use.

Maureen Tully
Principal

STUDENT AWARDS

YEAR 1	Cooper Clark	Baylee Brand	Year 1 Class
YEAR 2	Mia Ivey	Jasmine Turner	
YEAR 3	Lani Cahill	Year 3 Class	
YEAR 4	Year 4 Class		
YEAR 5	Lily Bott	Riley Carter	
YEAR 6	Maddison Welsh	Ashley Scasserra	
A.R. 75%	Caitlyn Hebbend	Carl McIntyre	
A.R. 100%	Max Sarre	Jake Michell 2nd Award	Oscar Kitchen-Brown 2nd Award
PHYS ED 50KM	Aurora Postma	Maddison Lord	
100KM	Thomas Bouzada-Olgati		

CONGRATULATIONS!

SCHOOL NEWS

STAFFING MATTERS

- Thank you to Mrs Julie Gibson who taught Science lessons this term while Mrs Noack was on leave. Mrs Noack returns in Term 4.
- Mrs Scasserra will return in Term 4 to teach Italian lessons.
- Mrs Alberti will be on leave for the first two weeks of Term 4. Mrs Rebecca Murray will teach Year 5 during this time.
- Mrs Jenny Noack will be on leave for the 2016 school year. Mrs Rebecca Murray will teach Science lessons and provide Literacy Support in 2016.

TERM 4 PLANNER

The Term 4 Planner accompanies today's newsletter. Please note that these dates are tentative and may be subject to change. Dates and events will be confirmed in the weekly newsletter as the term progresses.

P & F MEETING/FORWARD PLANNING MEETING

Parents are asked to note that this meeting will be held on **Tuesday 20 October at 7pm**. This is a very important meeting, when the P & F plans for the 2016 school year. I urge parents to make a concerted effort to attend and support the work of the P & F at St Mary's.

SCHOOL BOARD MEETING

The first School Board Meeting for Term 4 will be held on Tuesday 20 October at 5.45pm in the staffroom.

SIGNING STUDENTS OUT DURING SCHOOL TIME

Parents are reminded that if they collect their child/children BEFORE the end of the school day (due to illness or other reasons), please ensure that you sign them out at the Front Office before they are taken off school grounds, as this is a legal requirement of the Department of Education. Thank you.



CANTEEN SUPREME NEWS



Attached to today's newsletter is the Summer Menu for Term 4. Please print out a copy and attach it to the fridge for future reference. Copies will be available from the canteen or front office if needed. While most prices have remained the same, I have found it necessary to increase the recess prices – most items are now \$0.70 with the yummy drummies now \$1.30. This menu is approximately 70% "green" (it is required the menu be at least 60% green and 40% amber). **Please note that this menu does not start till first day of Term Four. Please order off the winter menu tomorrow.** Thank you to Susan Mainstone, Sharon Clark and Jo Spinelli for helping in the canteen this Friday.

SWOOPING MAGPIES DURING BREEDING SEASON

The Department of Parks and Wildlife would like to remind you that the magpie breeding season is approaching. It is not uncommon for magpies to defend their nests and young during spring, by swooping intruders. The season may last for six to eight weeks during late August to December. Magpies swoop to protect eggs and young from attack during the nesting season from August to October. They rely largely on intimidation to deter human intruders by flying low and fast, often clacking their bill as they pass overhead. The sound of their wings whistling past and the movement of air can be alarming. However, by confidently continuing on your way, the bird will often retreat to the safety of a tree and watch you until you leave the territory. Like dogs, magpies seem to sense fear and may capitalise on this by pressing on with an attack. A threatening gesture with a hat, stick or umbrella will usually make the bird retreat. Occasionally, a magpie will strike an intruder on the head with its bill but such strikes are rare. Magpies only swoop during the relatively short period of the nesting season and for the majority of birds, it is merely bluff. Never provoke a magpie by drawing attention to yourself or throwing stones, because Magpies have a good memory and may continuously attack a potential aggressor. If the bird is in an area on the way to and from school or work, it would be a good idea to use a different route during the short period the magpie is aggressive.

The following steps can be followed to avoid or reduce the impact of a swooping magpie:

- Never deliberately provoke or harass a magpie. Throwing sticks or stones at magpies usually makes them more defensive.
- Avoid areas where magpies are known to swoop. Remember, magpie aggression lasts only a few weeks and they usually only defend a small area of about 100 metre radius around their nest.
- Locate the bird and keep watching it when entering a magpie territory. If it swoops, don't crouch in fear or stop, move on quickly but don't run.
- If you are riding a bike dismount and walk through nesting magpie territory, wear a helmet and fit an orange traffic flag to the bike.
- Wear a hat and sunglasses or carry a stick or umbrella to protect yourself. A magpie will attack from behind initially. When a Magpie is tricked into believing the target is alert, the attack may stop or may not even get started.
- Adopt a confident stance towards the bird as this can have a strong deterrent effect. This response is most commonly used by adults but can easily be taught to children.

MAGGIE DENT

In this "Maggie moment", Maggie talks about the challenge of self-regulation and how to help our children regulate their emotions. To view the clip, please paste this in your browser: <http://www.maggiedent.com/content/vblog/teaching-kids-self-regulation>

NUDE FOOD NEWS!

Nude Food day will be every **Thursday for Term 4**. Teachers will give out faction tokens to children who have 'nude food' in their lunch boxes. 'Nude food' is food that comes to school without disposable packaging – extra plastic bags, paper bags, wrappings or cling wrap.

DID YOU KNOW?

Australia is one of the highest producers of waste per person in the western world and school lunches are contributing to this, with **the average lunch-toting child generating around 30kg of litter a year**. Please involve your child (where possible) in helping to pack a lunchbox free of extra packaging or juice packs each Thursday.

Thank you in advance.

Melissa Coulson



BUNBURY YOUNG VOICES

VACANCIES

MUSICAL DIRECTOR

ACCOMPANIST

If you know of anybody interested in fulfilling these roles, please email the Secretary helen.brown.hb@gmail.com or apply in writing to the Secretary, Bunbury Young Voices, PO Box 1739, Bunbury 6230.





The P&F Executive wish to congratulate and acknowledge such a large parent group for their amazing efforts with both Friendraising and Fundraising throughout Term Three. What a great outcome for our school community. Your time and contribution is so valuable to our school and something the P&F Executive remains very proud of.

The Father's Day Breakfast

Wow! What a turn out and such a well organised morning. Thank you to Janelle Norrish and Kate Kelly and your many helpers required to cater for such an event. To Ian Cross and Scott Sarre, thank you for umpiring the football and soccer match. To all the Year Four families, we thank you!

Football Tipping

A huge thank you to Darren Coulson. This is a 'behind the scene' Fundraiser, but enjoyed by so many, so thank you Darren for your weekly input and the coordination of the tipping throughout the football season.

Grandparents Morning Tea

Thank you to Maria Smargiassi and Naomi Cross and their helpers for providing the catering for the Grandparents Morning tea. This was certainly beyond just a cup of tea – very impressive! Thank you to Father Ed for conducting the service.

Athletic Carnival Catering

Another huge thank you for the catering for the recent Athletics Carnival. Thank you to Clare Kirke and Catherine Dorant, along with the Year Six families for their hard work. It was a huge success and made a good profit to go towards P & F funds. Thanks also to Kim Piacentini for the loan of the BBQ trailer from Piacentini & Son, and to Peter who delivered and collected it on the day. The Coffee Van did great business - so please remember Brett from Le Chariot for future events everyone.

And finally, thank you to all who completed the recent survey (97 responses in total). The data will now be collated and assist with the Strategic Plan for the P & F for 2016. The lucky winner of the Bennessé Café coffee voucher was Michael McIntyre. Enjoy your end of term break, it is well deserved.

P&F Executive

INTERNATIONAL DAY OF PEACE



In Year Three, the children have been learning about different celebrations around the world. On Monday, 21 September, the class celebrated the International Day of Peace by making 'Friendship Pizzas'. Co-operating, taking turns and sharing were the key foci as the children voted on toppings and worked together to create and eat their pizzas.



The United Nations first created the International Day of Peace in 1981, and it was first celebrated on 21 September 1982. This year's theme is 'Partnerships for Peace - Dignity for All'. This special day aims to promote the message of peace between and among peoples of the world and is meant to be a day of ceasefire. The class enjoyed learning about the International Day of Peace and loved sharing a special lunch together.



HPE NEWS

Interm Swimming

In-Term Swimming for Pre Primary to Year 6 will commence on **Monday 12 October** at the South West Sport Centre and run for two weeks. The times are listed over the page.

Year	Swimming Start Time	Swimming End Time
1, 3 and 6	11:45am	12:25pm
2 and 4	1:00pm	1:40pm
Pre Primary and Year 5	1:45	2:25pm

Athletics Carnival

We had a great day last Thursday at the South West Athletics Centre for our 2015 Athletics Carnival. Marcellin took home the shield with a score of 462 points. Ursula finished with 455.5 and McAuley 451.5. Well done to all our boys and girls on a fine performance. A big thank you to staff and parents who assisted with the smooth running of the day. See below for individual medal winners.



Year	Champion	Name	Year	Runner up Champion	Name
4	Boy	Jonah Lincoln	4	Boy	Liam Collins
4	Girl	Maddison Lord	4	Girl	Aurora Postma
5	Boy	Kayde Waldock	5	Boy	Oscar Kitchen-Brown
5	Girl	Skye Carr	5	Girl	Tenika Cross
6	Boy	Ethan Luff	6	Boy	Samuel Kirke
6	Girl	Emma Norrish	6	Girl	Karis D'Andrea

9 Records Were Broken

Event	Name	New Record	Old Record
Year 4 Girls Shot Put	Aleesha Zaccagnini	7.84m	7.68m
Year 6 Girls Shot Put	Emma Norrish	8.13m	9.90m
Year 4 Girls Turbo Javelin	Milly Patterson	15.25m	11.97m
Year 4 Boys Turbo Javelin	Jack Di Lallo	19.8m	18.87m
Year 6 Girls 4x100m Relay	Karis D'Andrea Emma Norrish Sofia Fimognari Chelsea Orsi	1:06:73 Minutes	1:07:99 Minutes
Year 5 Boys 100m	Oscar Kitchen-Brown	14:57 Seconds	14:59 Seconds
Year 4 Boys 400m	Jonah Lincoln	1:15:42 Minutes	1:16:71 Minutes
Year 6 Girls 400m	Karis D'Andrea	1:12:38 Minutes	1:16:82 Minutes
Year 4 Girls Triple Jump	Molly Turner	6.46m	6.40m

Tino Alberti alberti.tino@cathednet.wa.edu.au
HPE Teacher

SCHOOL DISCO

Our school disco will be held in the hall on Friday 23 October 2015. See attached flyer for more details. Food pre-order forms have been sent home this week and need to be returned by Friday 16 October. Please complete a separate order for each child and return in a lunch bag with money. Additional order forms are available at the front office for siblings and parents. Note: All juices on the order are 'pop-tops' and pizzas are from Dominos.

FACE OF MILO



Congratulations to Jai Cahill who was named WA winner of the Milo Valuable Player Competition. Jai was one of 1,563 people entered nationally. The competition was narrowed down to one person per state, each person was then nominated under six categories that included sportsmanship, commitment, leadership and teamwork. Jai

plays for Marist Football Club and travelled to Sydney last weekend for the announcement. While there, he and the other winners were fortunate enough to meet with Michael Clarke. Well done Jai!



SPOOKY Disco

Glow sticks 3 for \$1
Chips 50c
Lolly Bags \$1
\$2 Raffle

Friday 23rd October
St Mary's School Hall

Lolly Jar guess 50c
Disco Lights
Face painting
gold coin donation
Chill out zone

\$3 entry

Kindy-Year 3
5:15-6:45pm

50c Lucky Dip

Year 4-Year 6
7pm-8:30pm

DJ

Dress up if you dare!!

Return your pre-order bag with
payment by Friday 16th October 2015

CANTEEN SUPREME – OPEN WEDNESDAY AND FRIDAY

Sandwiches & Rolls & Wraps

Salad	\$3.50	\$3.80	\$3.60
Ham & Salad	\$3.50	\$3.80	\$3.60
Chicken & Salad	\$3.50	\$3.80	\$3.60
Tuna & Salad	\$3.50	\$3.80	\$3.60
Cheese & Salad	\$3.50	\$3.80	\$3.60
Egg & Salad	\$3.50	\$3.80	\$3.60
Vegemite	\$2.00	\$2.30	

Burgers

Chicken Salad Mayo	\$4.50
Hamburger Salad Sauce	\$4.50

Hot Options

Hot dog + sauce	\$3.60
Puppy dog + sauce	\$1.80
Sausage roll	\$3.60
Cruiser pie	\$3.60
Party pie	\$1.00

Salads

Green	\$3.50
Add chicken, ham or tuna	\$4.00
Pasta	\$4.00
Asian	\$4.00

Drinks

Juice – Apple, Orange, ABC	\$2.00
Milk – Plain, Choc, Straw	\$2.00
Water	\$1.00

Wednesday only – Pizza \$4.00

Hawaiian Supreme or Vegetarian

Nuggets

5 nuggets with salad and fruit	\$4.00
5 nuggets with coleslaw and fruit	\$4.00

Fruit Salad

Small	\$2.00	Large	\$4.00
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Watermelon

Small	\$2.00	Large	\$4.00
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Bento box

Carrot, celery, cucumber, fruit, dip and crackers	\$4.00
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Recess

Muffins	0.70
Pizza subs	0.70
Yummy Drummy	1.30
Slice	0.70
Anzacs	0.70
Fruit Salad	0.70
Jelly cup with fruit	0.70
Popcorn	0.70
Frozen Pineapple	0.70
Watermelon	0.70
<u>Iceblocks</u>	
Fandangles	1.30
Frozen Yoghurt	1.50
<u>Lunch bags</u>	
0.10each or 20 for	\$1.00
Sauce	0.25