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# St Mary's Catholic Primary School Newsletter

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## IMPORTANT DATES

### November

Sun 1	All Saints Day
Mon 2	All Souls Day NO SCHOOL BANKING
Tue 3	Year 5 Zoo Camp
Wed 4	Year 5 Zoo Camp Year 3 Reconciliation Kindy Orientation Group 2

## Vision Statement

A welcoming faith community  
We value relationships  
We pursue excellence in learning  
We live the Gospel message of love

## ALL SAINTS' DAY

On Sunday we celebrate All Saints Day. The following is a reflection based on the male Patron Saint of Australia—St Francis Xavier.

A theme common to the lives of the Saints, as exemplified by St Francis, is their concern and love for other people. Nowadays, much emphasis is given to an individual's personal growth and self fulfilment. There is the danger that self could always come before the needs of other people. If we are not careful, we can become selfish and give way to heightened individualism and so model this to our children. There are many people around us whose selfless love, often in spite of great difficulties, ensures the unity of a family or the support of a friend or relative, neighbour or whoever. Saints still live in our midst.

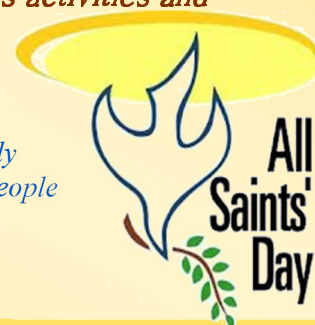
*"Jesus, St Francis was inspired by Your life to direct his many talents to the service of people whose lives were a daily struggle. May I not fritter away my life in mindless activities and entertainment, but direct some of my energies to acts of service to the needy in my community. Amen."*

### REFLECTION:

*A religion teacher asked her second grade class "What's a saint?". A little girl, probably remembering the stained glass images in her parish church, responded, "saints are the people the light shines through."*

### SO WE ASK OURSELVES:

*How does my life illuminate the dark for others?*



Dear Parents, Students and Friends,

Following two weeks of swimming lessons, we have settled into normal routines this week. With just six weeks of school term (and the school year) remaining, it is important that students avail of all learning opportunities and are ready and prepared to learn each day - with all required materials and equipment at school and having had a good night's sleep. There are many events planned on the school calendar for the remainder of term.

What a fun filled evening last Friday's school disco was. The students are congratulated on how well they behaved and how they got into the spirit of the occasion. While these events are social occasions, we also emphasise our rules about respect and safety. In this way, all can have fun. What creativity went into the dressing up - see the photos further on in the newsletter. Thanks to Laura Maratea and Amanda Panuccio and the Year 2 parents for your work, planning and coordination of this very successful evening. Thanks to staff who came along to assist with supervision and to socialise with children and families.

The formal opening and blessing of the resurfaced courts was held last Friday morning. Thanks to the P & F Executive, Fr Ed, Ms Brown and Mr Alberti for your work in planning and hosting this celebration. Thanks to the P & F who provided a gift to each student to celebrate this occasion. Photos from this event are also provided further in the newsletter.

We celebrate World Teachers' Day tomorrow. This is an opportunity to acknowledge the significant contribution teachers make to our society. I thank all teaching and non-teaching staff at St Mary's for their care of our students.

The combination of their wisdom and talents ensures we work in collaboration with our parents and students to make St Mary's the great school that it is and to have it highly regarded in the local community.

Thank you to the P & F who provide a cake for morning tea for staff to acknowledge their work and to celebrate World Teachers' Day.

Maureen Tully

Principal

## SCHOOL NEWS

### FORMAL OPENING AND BLESSING OF RESURFACED COURTS



Congratulations to the following students who were chosen to take the first official shoot and who won the basketball/netball/soccer ball they used.

Kindy	India Murphy
Pre Primary	Georgia Rodgers
Year 1	Tex Murphy
Year 2	Jasmine Turner

Year 3	Max Di Lallo
Year 4	Aidan Hall
Year 5	Jack Di Lallo
Year 6	Samuel Kirke

### COURTS RESURFACING

On behalf of the school community, I offer our greatest appreciation and thanks to Robert Maratea, IGM Constructions, for providing his time, expertise, advice and equipment (free of charge) to the courts resurfacing project. His working relationship with Malatesta Road Paving saw us secure a very good rate, with considerable savings for our school. Thanks is also extended to Ben Burton and Kim Beard from Malatesta. The resurfaced courts will be enjoyed by all in our school community for many years to come.

### STUDENTS NOT RETURNING IN 2016

Parents of students in Kindy to Year 5 not returning to St Mary's in 2016 are asked to put this in writing to Mrs Tully by Friday 30 October. We have students on waiting lists for almost all classes, with their parents eager to learn if there is a place available in 2016.

### SCHOOL BANKING

Dear Banking Buddies, Please note that there is **NO school banking this Monday 2 November**. Banking will return on Monday 9 November in the Uniform shop 8.30am – 9.00am. If anyone would like to open a Catholic Development Fund (CDF) Bank Account, please come in and collect a form. Thank you. Jen Curtis

## **MAGGIE DENT**

### **Teaching Kids Self - Regulation**

In this "Maggie moment", Maggie talks about the challenge of self-regulation and how to help our children regulate their emotions. To view the clip, copy and paste the following link into your browser. From there select 'videos' from the Free Resources tab, <http://www.maggiedent.com/content/vblog/teaching-kids-self-regulation>.

## **CANTEEN SUPREME NEWS**



The summer menu is proving to be a hit. In fact on Wednesday we sold more salads than we did Pizza! Summer is a great time to encourage your child to maybe ditch the party pies and try something new. The Bento box is proving popular as is the Asian Salad. I'm happy to answer any questions from students or parents about our new options.

A very big thank you to all our volunteers who have made a huge effort to help in the canteen throughout the year but especially during a very busy Term 4. Your help is very much appreciated.

On Friday 30 October Janelle Norrish, Susan Mainstone and **(HELP)** will be our Canteen Super Stars, and on Wednesday 4 November, Brenda Hall will be our beautiful volunteer.

## **ANNUAL COMMUNITY MEETING: 24 NOVEMBER AT 7PM**

All parents are asked to give priority to attending St Mary's Annual School Community Meeting on Tuesday 24 November at 7pm in the MPR. This meeting is an occasion where the P & F, School Board and Principal present their annual reports to the school community. (Please note: the Principal's Annual Report will be presented at the ACM and not at the Concert this year). At the ACM, office bearers for the P & F and the School Board for 2016 school year are elected. An agenda for the ACM will be forwarded home in the coming weeks. As outlined in CECWA School Board Constitution, the order of business for the meeting will be as follows:

- (a) A Report by the School Board Chair to the school community on the operation of the Board in the preceding 12 months.
- (b) A statement of the provisional budget for the ensuing year.
- (c) Voting for election of members to the Board.

These items will be listed on the Agenda. As per Constitution, no other business will be discussed.

## **STUDENT MCEETYA DATA COLLECTION**

Those families who have received the Student MCEETYA Data Collection Form, please complete and return them to the school office by Monday 9 November. St Mary's Catholic Primary School is required to collect this information on behalf of the Department of Education, Employment and Workplace Relations as part of the *National Goals for Schooling in the 21<sup>st</sup> Century* National Assessment Program. Thank you.

## **FITNESS FUN FRIDAY**

Friday at 8am on our 100Club track. All welcome

## **SWPSA INTERSCHOOL SPORTS CARNIVAL**

Thirty three students from Years 4 to 6 represented St Mary's at the South West Primary Schools Association Athletics Carnival last Thursday. These students were great ambassadors for St Mary's, both in the efforts on the track and general behaviour. Well done boys and girls. A big thank you to Mrs Webb for running Boys Shot Put on the day.

## **NEW COURTS**

It has been an absolute pleasure to take Physical Education lessons on our new courts this week. I would like to thank our P & F Team and the good work of Rob Maratea for such a fantastic facility for all in our school to enjoy.

## **T20 BLAST**

Years 5 and 6 are having an Interschool T20 Blast competition on Thursday 19 November at Forrest Park from 10am - 2pm. Permission notes have gone home.

## **HPE**

Years 1 - 6 are currently learning about safety on wheels in Health Education. For sport, Years 2 - 6 will play cricket and then Tee Ball. Pre Primary to Year 1 will look at group activities including: kicking, throwing and bouncing.

**Tino Alberti**      [alberti.tino@cathednet.wa.edu.au](mailto:alberti.tino@cathednet.wa.edu.au)

**HPE Teacher.**



# Spooky Disco



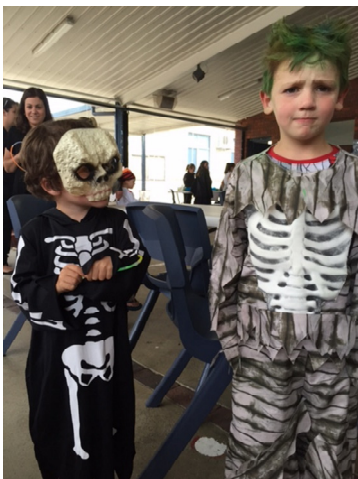
The girls dressed up ...



Thanks to Year 2 parents for organising a fun filled evening for the students

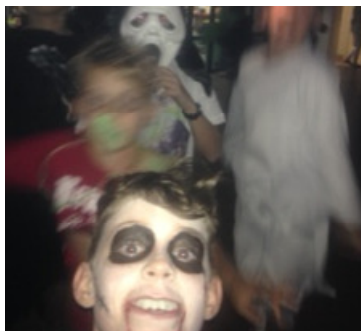
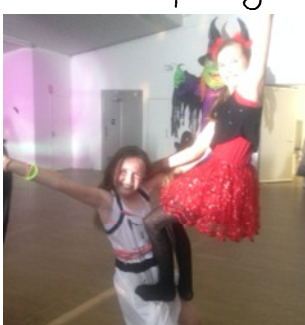


We certainly looked spooky



We looked spooky too

We had a great time



The food was delicious



# NUDE FOOD DAY

On Thursday 29th of October St Mary's celebrated **National Nude Food Day**. Our students joined other students around the nation in bringing healthy, wrapper free lunches to school. Nude Food Day is a chance for our students to realise what they can do for their health and the health of the planet.



## What is Nude Food?

**Nude Food** is simply food that is not wrapped in foil, plastic or commercial packaging. The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

Throughout the year, St Mary's School designates each Thursday as Nude Food Day. We encourage students to bring Nude Food to **eat well** and **live well**, and eliminate all unnecessary packaging and wrapping that goes into rubbish bins and ultimately landfill. Many families have embraced this idea and have Nude Food every day.

### Tips for Packing Nude Food Lunches:

- ➡ Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well.
- ➡ Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning
- ➡ If your child normally enjoys chips, yoghurt or other pre-packaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- ➡ If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- ➡ Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.



## SPELLING BEE

The annual St Mary's Spelling Bee for Years 3,4,5 & 6 will be held during Term 4. Over the coming weeks students from these classes can nominate to participate in the Spelling Bee and will be given a list of words to learn to spell.

Eliminations will be held in each class at the beginning of December to find 5 finalist from each year level to compete in the final on Tuesday 8th of December in the MPR room.



**PLASTIC LIDS FROM BOTTLES. ANY SIZE OR COLOUR. THESE CAN INCLUDE MILK BOTTLES, DRINK BOTTLES, JUICE BOTTLES ETC. WE NEED THESE ASAP TO CREATE A POSTER FOR A COMPETITION WE ARE ENTERING.**

**LIDS CAN BE LEFT IN THE SCIENCE ROOM OR AT THE FRONT OFFICE.  
THANK YOU.  
JENNY NOACK**



### BOOK CLUB

Issue 7 orders have been sent to Scholastic and should be back in approximately 2 weeks time.

### UNIFORM NOTES

The Uniform Shop is open Friday mornings between 8.30 and 9.30am for all your uniform supplies.

### DATES TO REMEMBER

Uniform fitting and ordering days will be as follows:

Wednesday 11 November, 8.30 - 9.30am - Kindergarten classroom

Pre Primary students progressing to Year 1 in 2016.

Friday 13 November, 8.30 - 9.30am - Play Group Room

Kindergarten students progressing to Pre Primary in 2016

The Uniform Shop WILL NOT be open on Friday 13 November. Any orders can be handed in at the school office for processing at a later date.

### COMMUNITY NEWS





## BUNBURY DIOCESE

### Religious Education E-newsletter 2015 No 6 26-10-2015

Sr Christine Clarke Bunbury Regional Office - RE Consultant  
9726 7203 [clarke.christine@cathednet.wa.edu.au](mailto:clarke.christine@cathednet.wa.edu.au)

#### "The Year of Mercy"



Pope Francis will soon inaugurate the Extraordinary Jubilee of Mercy. In the first few paragraphs of his official letter he writes:

1. Jesus Christ is the face of the Father's mercy. Mercy has become living and visible in Jesus of Nazareth ... a God 'merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness' (Exodus 34:6). ... Jesus of Nazareth, by his words, his actions, and his entire person reveals the mercy of God.
2. We need constantly to contemplate the mystery of mercy. It is a wellspring of joy, serenity and peace. Our salvation depends on it. Mercy: the word reveals the very mystery of the Most Holy Trinity. Mercy: the ultimate and supreme act by which God comes to meet us. Mercy: the fundamental law that dwells in the heart of every person who looks sincerely into the eyes of his brothers and sisters on the path of life. Mercy: the bridge that connects God and humans, opening our hearts to the hope of being loved forever despite our sinfulness.
3. At times we are called to gaze even more attentively on mercy so that we may become a more effective sign of the Father's action in our lives. For this reason I have proclaimed an *Extraordinary Jubilee of Mercy* as a special time for the Church, a time when the witness of believers might grow stronger and more effective.

The Latin title *Misericordiae Vultus* is taken from the first line of the Letter – 'the face of mercy'. Read the text of the Pope's letter at the Vatican site.

[https://w2.vatican.va/content/francesco/en/apost\\_letters/documents/papa-francesco\\_bolla\\_20150411\\_misericordiae-vultus.html](https://w2.vatican.va/content/francesco/en/apost_letters/documents/papa-francesco_bolla_20150411_misericordiae-vultus.html)



The document is 16 pages long, and has 25 paragraphs. There are sections on:  
the Holy Door; Mercy in the Psalms; the Parables of Mercy; Mercy in the Church;  
the encyclical on Mercy by John Paul II; Pilgrimage in a Holy Year;  
the motto 'Merciful like the Father'; the spiritual and corporal works of mercy;  
mercy in the gospel of Luke; the season of Lent; 24 hours for the Lord.

The logo is the work of Father Marko I. Rupnik, born in Slovenia in 1954. It is an image from the early Church: that of the Son having taken upon His shoulders the lost soul, demonstrating that it is Christ's love that brings to completion the mystery of His incarnation culminating in redemption.

The logo has been designed to express the profound way in which the Good Shepherd touches the flesh of humanity and does so with a love that has the power to change one's life. One particular feature worthy of note is that while the Good Shepherd, in His great mercy, takes humanity upon Himself, His eyes are merged with those of man. Christ sees with the eyes of Adam, and Adam with the eyes of Christ. Every person discovers in Christ, the new Adam, his or her own humanity and the future that lies ahead. The scene is enclosed in a mandorla, an element typical of ancient and medieval iconography that recalls the two natures, divine and human, in Christ. The three concentric ovals, with colours that get lighter as we move outward, suggest the movement of Christ Who carries humanity out of the darkness of sin and death. Conversely, the depth of the darker colour suggests the impenetrability of the love of the Father Who forgives all.

#### Coming Feast days

##### 1 November All Saints

The earliest certain observance of a feast in honour of all the saints is an early fourth-century commemoration of "all the martyrs." In the early seventh century, after successive waves of invaders plundered the catacombs, Pope Boniface IV gathered up some 28 wagonloads of bones and reinterred them beneath the Pantheon, a Roman temple dedicated to all the gods. The pope rededicated the shrine as a Christian church. According to Venerable Bede, the pope intended "that the memory of all the saints might in the future be honoured in the place which had formerly been dedicated to the worship not of gods but of demons" (*On the Calculation of Time*). But the rededication of the Pantheon, like the earlier commemoration of all the martyrs, occurred in May. Many Eastern Churches still honour all the saints in the spring, either during the Easter season or immediately after Pentecost.

How the Western Church came to celebrate this feast, now recognized as a solemnity, in November is a puzzle to historians. The Anglo-Saxon theologian Alcuin observed the feast on 1 November 1 in 800, as did his friend Arno, Bishop of Salzburg. Rome finally adopted that date in the ninth century. This feast first honoured martyrs. Later, when Christians were free to worship according to their consciences, the Church acknowledged other paths to sanctity. In the early centuries the only criterion was popular acclaim, even when the bishop's approval became the final step in placing a commemoration on the calendar. The first papal canonization occurred in 993; the lengthy process now required to prove extraordinary sanctity took form in the last 500 years. Today's feast honours the obscure as well as the famous—the saints each of us have known.  
<http://www.americancatholic.org/features/saints/saint.aspx?id=1186>

##### 2 November All Souls

On the day following the feast of All Saints, we remember those who have not yet achieved the goal of their pilgrimage, the Kingdom of Heaven.  
The feast of All Souls developed alongside the feast of All Saints. The Church has always encouraged prayers for the faithful departed. In the early years, a list of the names of the dead was placed in the church so that the community would remember them in prayer. In the 6<sup>th</sup> century, Benedictine monasteries held a solemn commemoration of their deceased members on the day after Pentecost. Similar services soon came to be held in other religious communities.  
In the first half of the 11<sup>th</sup> century, St Odilo of Cluny decreed that the Office of the Dead was to be offered for all the souls in purgatory in all monasteries of the order on November 2<sup>nd</sup>, the day after

All Saints. Other orders followed this custom, and soon November 2<sup>nd</sup> was adopted as the feast of All Souls for the whole Church.

On All Souls we pray in unity for our deceased relatives and friends and for those who have no one to pray for them.  
<http://liturgybrisbane.net.au/liturgylines/all-souls/>

#### Understanding the Sunday readings

The Living Space at Sacred Space site offers comments on the readings of every day, and on the Sunday readings: [www.livingspace.sacredspace.ie](http://www.livingspace.sacredspace.ie)

The Sunday Connection at the Loyola Press site provides material suitable for young children to adult level: [www.loyolapress.com/sunday-connection.htm?](http://www.loyolapress.com/sunday-connection.htm?)

The Sunday Website is on the liturgy section of St Louis University. It contains a great deal of material on various aspects of the Sunday liturgy. Go to 'Get to Know the Readings'  
[www.liturgy.slu.edu](http://www.liturgy.slu.edu)

#### LITURGICAL CALENDAR

##### ORDINARY TIME GREEN

The Liturgical calendar that follows takes us to the end of Ordinary Time for this year.

##### Sundays – Year B Gospel of Mark Weekday readings – cycle 1

Wed 28 Oct	Sts Simon and Jude, apostles	Feast
Sun 1 Nov	ALL SAINTS	SOLEMNITY
Mon 2 Nov	Remembering ALL the FAITHFUL DEPARTED – All Souls' Day	
Wed 4 Nov	St Charles Borromeo, bishop, reformer	Memorial
Mon 9 Nov	DEDICATION of the Lateran Basilica	Feast
Most Catholics think of St. Peter's as the pope's main church, but St. John Lateran is the pope's church, the cathedral of the Diocese of Rome where the Bishop of Rome presides. The first basilica on the site was built in the fourth century when Constantine donated land he had received from the wealthy Lateran family. That structure and its successors suffered fire, earthquake and the ravages of war, but the Lateran remained the church where popes were consecrated until the popes returned from Avignon in the 14th century to find the church and the adjoining palace in ruins. Pope Innocent X commissioned the present structure in 1646. One of Rome's most imposing churches, the Lateran's towering facade is crowned with 15 colossal statues - of Christ, John the Baptist, John the Evangelist and 12 doctors of the Church.		
Wed 11 Nov	St Martin of Tours, bishop	
A story of St Martin On a bitterly cold day, a famous legend goes, Martin met a poor man, almost naked, trembling in the cold and begging from passers-by at the city gate. Martin had nothing but his weapons and his clothes. He drew his sword, cut his cloak into two pieces, gave one to the beggar and wrapped himself in the other half. Some of the bystanders laughed at his now odd appearance; others were ashamed at not having relieved the man's misery. That night in his sleep Martin saw Christ dressed in the half of the garment he had given away, and heard him say, "Martin, still a catechumen, has covered me with his garment."		
Tues 17 Nov	St Elizabeth of Hungary	
Sat 21 Nov	The Presentation of the Blessed Virgin Mary	
Sun 22 Nov	Our Lord JESUS CHRIST, KING of the UNIVERSE	
Tues 24 Nov	St Andrew Dung-Lac and companions – martyrs for their faith red	
Andrew Dung-Lac was one of 117 people martyred in Vietnam between 1820 and 1862. Members of this group were beatified on four different occasions between 1900 and 1951. All were canonized by St. John Paul II.		