

## St Mary's Catholic Primary School Newsletter

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## Vol 4. 2.15

14 May 2015

#### **IMPORTANT DATES**

May	
15 May	Year 6 Assembly
20 May	Year 6 Reconciliation
21 May	School Photo Day
22 May	Year 6 NET Team Visit
24 May	Year 6 Confirmation 10am

#### O Lord,

Cathedral (Pentecost Sunday)

Your Ascension into heaven marks the culmination of the Paschal Mystery, and it contains an important teaching for us.

May we live life as an earthly reality and develop our human potential to the fullest.

May we make use of the results of science to achieve a better life on this planet.

But in our best moments
we know that there must be more
than all of this,
A transcending Reality.

As Christians, we know that this Reality is Your loving Father Who awaits us with You and the Holy Spirit.

Where You have gone, We ultimately will come - if we are faithful.

## Vision Statement

A welcoming faith community
We value relationships
We pursue excellence in learning
We live the Gospel message of love



#### Dear Parents, Students and Friends,

As we move into the season of colds and influenza, please revise with your children hygiene practices re coughing, sneezing, hand washing and disposal of tissues:

- · Cough or sneeze into bend of elbow
- Use a tissue and dispose of these into bin
- Wash hands thoroughly with soap and water.

Though seemingly simple practices, children often need reminding about these.

If your child is unwell, please do keep them at home so that they do not infect other students and staff. While it is important that students do not miss school, feeling under the weather is not conducive to learning and students usually gain little from the day, feel miserable and can impact on other students' learning and the work of the teacher. However, parents must also be alert to their own children and not allow them to stay home unnecessarily under false pretences of feeling sick. With the cooler, darker mornings it takes a greater effort to get out of a warm bed, both for adults and children. Getting organised and to school before the 8.45am siren so that students are unpacked, tuned in to the school environment and ready for the school day and to start learning can become a greater challenge.

The following comments and ideas from Michael Grose, Parenting expert, provide some important points.

#### **Mornings**

Mornings are often chaotic, particularly in households where both parents work or in the homes of sole parents. Both parents and children generally have a great deal to do to prepare for the day. It is also important that children get to school on time so they can make the most of their learning experiences.

Attention-seekers and dawdlers often find mornings are ideal times to keep their parents busy with them. Many morning difficulties arise due to a lack of understanding of the roles to be performed. Most children, even young ones, are capable of doing their morning tasks without parental interference, yet we so often take those responsibilities away from them.

#### SOME IDEAS TO GET THE MORNING WORKING FOR YOU

- Establish a clear routine. With your children's help work out an order of activities that everyone understands.
- Place the morning activities on a chart or even a photo chart. Charts help younger children and boys who are 'organisationally challenged' to go through their routine activities.
- Identify the jobs that you and your children are to do.
- Children should be able to do routine tasks that directly involve them, such as preparing their cereal, clearing dishes away,
- dressing, washing themselves and preparing school bags.
- Slow starters can prepare the night before. They can lay their clothes out or just make sure their bag is packed.
- Be aware of possible distractions and get rid of them. Some children become absorbed in television; some spend an eternity carefully choosing their clothes, others dawdle over just finding something clean to wear. Television, if it's to be watched, can be turned on when children are ready for the day. Clothes can be chosen and laid out the night before.

**Avoid covering for children's misbehaviour**. If you are suffering due to their refusal to cooperate, or because they are moving slowly, then put the responsibility for misbehaviour where it should be – with the children. Stay out of their way in the morning and refuse to be drawn into their arguments or nag them to hurry up. Allow them to experience the consequences of being late to school or even having to dress at school.

Being at school before the bell gives students time to unpack and get organised for the school day and an opportunity to transition from home into the class social group. In this way, all students are ready to commence learning promptly at bell time. Being 5 minutes late on a regular basis can add up to 25 - 30 minutes over the week, and possibly five hours of time over a term. It is also developing good life skills and work habits to be on time and be prepared and ready.

Thank you to the big numbers of families who always arrive at school punctually.

#### **Maureen Tully**

**Principal** 

STUDENT AWARDS				
YEAR 1	Leo Pemberton	Emmanuel Menzie		
YEAR 2	Adrianna Minnella	Olivia Bambrick		
YEAR 3	Marcus Smargiassi	Natalia Dillon		
YEAR 4	Aurora Postma	Alexis Gianfrancesco	Aidin Williams	James Donovan
YEAR 5	Oscar Kitchen-Brown	Raegan Carr		
YEAR 6	NO AWARDS			
A.R.	Liam Collins	Mary Hynes		

#### **SCHOOL NEWS**

#### **DENTAL SCREENING**

South Bunbury Dental Therapy Staff will be conducting Dental Health Screening on Monday 18 May at St Mary's. This screening involves Pre Primary, Year 3 and Year 6 students and is a Dental Growth and Development Assessment. This is not a check up for cavities and any follow up will be arranged by the Dental Therapy Centre.

#### **CONFIRMATION**

Year 6 students are now in the final week of preparation for Confirmation on Sunday 24 May, Pentecost Sunday. Students will have Retreat Day on Friday 22 May with the National Evangelisation Team. I ask all in our community to pray for our students at this special celebration in their faith journeys.

#### **CANTEEN SUPREME NEWS**

Thank you to the talented and beautiful Janelle Norrish, Rikki Smith and Susan Mainstone who are our volunteers this Friday 15<sup>th</sup> May, and on Wednesday 20<sup>th</sup> the lovely Clare Kirke will be helping in the Canteen. Can students ordering pizza please specify the type of pizza they would like on their order. This will save the canteen ladies time from having to go round to the classes confirming orders with students and also reduce disruptions to teaching time. Please remember this canteen relies heavily on the volunteers who freely give up their time to help. If you see them in there at any time, please thank them.

#### **FOOTY TIPPING**

Congratulations to both 'Bone' and 'Jaxon' for jointly winning the week 6 round of footy tipping with both correctly tipping 6 and the same points margin of 41. The prize money (\$12.50 each) can be collected from the school office. The overall leader of the competition is 'RILES' with 38 correct tips in total. Good luck to everyone with their tips for round 7.

#### **SCHOOL PHOTOS**

School Photos will be taken next Thursday 21 May. All students must wear full Winter uniform on this day, including students who normally wear sports uniform on Thursdays. Students must wear their blue school jumpers for the photos. All students will be photographed, even if parents do not wish to purchase photographs. We use the individual photos to attach to our records database. Family Photo envelopes are to be returned to the school office no later than Monday 18 May. Thank you.

#### **HPE NEWS**

#### **Winter Sports Carnival**

The Winter Sports Carnival will be held on Thursday June 4<sup>th</sup> at Hay Park from 10am to 2.00pm. Training will take place on Friday 29<sup>th</sup> May from 2.00pm -3.00pm at St Mary's. An information/permission note went home yesterday.

#### **60 Minute Challenge**

The 60 minute challenge is a run/walk event to be held at St Mary's CPS on Sunday June 14<sup>th</sup> starting at 8am. Parents and students have to challenge themselves to see how far the can run/walk in 60 minutes. We are now calling for nomination to be a part of this event. Please complete a nomination form and return to front office.

#### **NET to Visit Again**

The National Evangelisation Team will visit St Mary's on Friday 22<sup>nd</sup> May to run a workshop with Year 6 for the day. Their visit last year was very well received by students.

#### **Protective Behaviours**

A big thank you to Kate and Renée, from Milligan House, for their presentation to parents on Protective behaviours last night in the year 3 room. Milligan House run similar sessions throughout the year! Check their website for details.

**Tino Alberti** alberti.tino@cathednet.wa.edu.au

**HPE Teacher.** 

#### P & F NEWS

On behalf of the P&F Executive and our school community we would like to sincerely thank everyone involved in our recently held Friend/Fundraisers .

Our Easter Raffle was a great way to finish the term with the kids excitement bubbling over with a visit from the Easter Bunny. Thank you to the Year 1 families and our raffle coordinators Susan Mainstone, Chloe Murphy and Ale Bouzada-Olgiati for your efforts in making the raffle a fun success and raising \$722.35! Great job! Our Mothers' Day Morning Tea was an amazing morning, filled with smiles and a wonderful sense of community and is an absolute credit to our Pre Primary families. Our special thanks to Tammy Patterson and Sandra Smith for their leadership and commitment. The morning tea raised \$12,089.44 – a true reflection of the hard work and dedication shown by you all. Thank you!

We are truly fortunate to have such dedicated parents prepared to generously donate their time and efforts for the benefit of our school and children.

#### **MOTHERS' DAY MORNING TEA 2015**

On behalf of all the PP mums, we would like to say a huge thank you to everyone for supporting our event this year and for making it such a wonderful and successful morning. We are extremely happy to announce that we have raised a total of \$12089.44 from the MDMT to go towards the resurfacing of our school basketball courts. We hope you all managed to walk away with some great prizes or some homemade goodies on the day and a big congratulations to one of our very own PP mums, Natalie Evans on winning the Thermomix in the main raffle. The Chocolate Wheel and What's in the Box were once again very popular and we were absolutely amazed at how successful our little country market stall was with all the homemade biscuits and cakes going very quickly. We would like to say a big thank you to Shauna Willis for hosting our event this year, Mike Jenkins our auctioneer and Jodie Scott who kindly played the piano for us as guests arrived. We have included a list of all our sponsors - a big thank you to these businesses and people for their kind donations, we very much appreciate it. We hope you all had a lovely Mother's Day.

Sandra Smith & Tammy Patterson (PP reps)

#### Thank you to the following people and businesses for all of your donations:

Aaron & Bree GoffAccess Builders HireAcquireAlison & Kim PiacentiniAmcal ChemistAnna SnowAqwestAustralind Pre MixAuto OneAuto BahnBath & BodyBarbecues GaloreBE Survey GroupBeacon LightingBedshed

Benesse Brian Sykes Buckingham Meats
Bunbury Dyno Bunbury Engineering Network Bunbury Flower Place Bunbury Ironing Angels Bunbury Skin Cancer Clinic

Bunbury Wildlife Park Cable Force Café 140

CakeworksCatherine De Castro Make-upCentral NewsagencyChicken TreatCivic VideoCool Air RefrigerationCommercial RealtyCross VerwijmerenCrush Boutique

De Castro Car Detailing Depiazzi's Docking Personal Training Eastman and Co EB Games Edmondson Accounting

Envy The Exercise Club FADS

Fashion House Flower Bench Forrest Partners

4 Ladys Gary and Robyn Sidebottom Henderson Photographics

Harvey Fresh Hot Yoga House

IGM ConstructionsJannys CaféJim Kidd SportsJCW ElectricalJoanne Sykes MassageJuliannas BoutiqueKiss ChaseeLakeside NurseryLeather ParkLisa AllanLuxe HairdressingMES Homewares

Mind Matters Michael Hill Jewellers M J Rodgers Construction

Mustard TreeNannup Liquor StoreNatasha TanNexusOriginal Bootcamp BunburyPalmers WineryPauls Fruit & VegePenthouse Hair StudioPiacentini & Sons

Priceline Pullman Hotels – Bunker Bay Resort Quilted by Jenny – Jenny Gerdei

RecruitWest Rose Hotel Salon Sugar

Sassy DivasScentsy – Tanika MitchellScentsy – Jade HammonSkin Cancer ClinicSouth West Auto WholesaleSouthwest Harley

Spartec Electrical Services Textile Traders The Art Label
The Security Man The Sink Warehouse The Vat

The Passionate Baker The Natural Beauty Spot Tri Nature Lifestyle – Kim Fildes
The Body Shop Tuart St Wines Tupperware – Sonia Stenhouse

Water's Edge Café & Wayne Patterson's Motorcycle Wespine

Restaurant Centre
Xscape to the Cape Yahava Younique – Rowena Santos











#### **COMMUNITY NEWS**

#### Child and Parent Centre - Carey Park

#### **LEGO Club:**

We are starting a new LEGO Club for anyone in year 1, 2 or 3. It will be held at the Child and Parent Centre – Carey Park on Wednesday afternoons from 3.30pm – 4.30pm. It is FREE but bookings are essential. A parent must stay with the child for the duration of the club and we are asking each child to bring a piece of fruit to share for afternoon tea. I have attached a flier both in PDF form and PNG (to go on Facebook if you have a page).

#### **Immunisation Clinic:**

We have an open clinic for immunisations at the Child and Parent Centre on the third Monday of every month. This means you don't need to book – just show up anytime that morning . The next clinic is Monday 18 May from 9.00am to 11.30am.

#### **Child Health Nurse:**

We have the wonderful Kellee Biffen working at the Child and Parent Centre every Wednesday and Thursday. To make an appointment please ring 1800 457 949 and ask for an appointment at the Centre.

Annette Owen

**Community Coordinator** 









# **LEGO CLUB**

Are you in Year 1, 2 or 3 and love building things out of LEGO?

Then come and join us at the new

**LEGO CLUB!** 



Every Wednesday (during term time)
STARTS 20 MAY
3.30pm to 4.30pm

at the Child and Parent Centre - Carey Park

Bookings are essential. Please ring 9721 6991 to book. Every child must be accompanied by an adult.

Please bring a piece of fruit to share



### **Child and Parent Centre - Carey Park**

Community Immunisation Clinics May - December 2015

Monday 18 May

Monday 15 June

Monday 20 July

Monday 17 August

Monday 14 September

Monday 19 October

Monday 16 November

Monday 7 December

Open Clinics
No Appointment

9.00am to 11.30am



Please remember to bring your Medicare Card and Immunisation Record Book to all appointments

