Dear God,

Spring is a metaphor for change. Some changes we eagerly await, and some we abhor. Some changes we plan and others arrive uninvited. To all these changes we ask the gift of Your perspective beckoning us to expectation, hope and rebirth. May the sunlight and the rain be reminders that You are at work renewing the earth. As a God of renewal, You are ever at work in our lives too. Open our eyes and lives to the needed changes in our lives this Spring. Awaken us to new life and perspective, for we pray in Jesus’ name.

Amen.
SCHOOL BOARD MEETING
The next School Board Meeting will be held on Tuesday evening 6 September, at 5.45pm in the staffroom.

P & F MEETING
The next P & F meeting will be held on Tuesday 6 September at 7pm in the MPR. Come along and share your ideas on fundraising and ways of bringing the school community closer together.

CANONISATION OF MOTHER TERESA
At tomorrow’s assembly, several of the Year 6 students have volunteered to prepare and read out a tribute to Mother Teresa who will be canonised as a Saint on Sunday.

BOOK FAIR BONANZA
Thanks for your wonderful support during St Mary’s Book Fair this year. As a result of your purchases, the school has $900 dollars to spend on books or scholastic resources. We look forward to seeing students reading the new books and sharing their reading experiences with one another.

To those parents who assisted throughout the week - you are indispensable and we could not have had a successful fair without you.

Helen Brown

FOOTY TIPPING
The footy tipping season has come to an end with 39 entries from school families and friends raising a total of $780 for the P & F. Thank you to everyone who entered this fundraising event. Congratulations to Pittsy for winning the final round.

The overall prize winners are as follows:
1st - Nic Nac with 148 correct tips (566 total margin)
2nd - Three Amigos with 143 correct tips (480 total margin)
3rd - Geoffo with 142 correct tips (561 total margin)

Thank you all again for your fundraising efforts and hopefully we will be back bigger and better next year!

TABLE TENNIS
The table tennis table has been dusted off and you can expect to see it out regularly with students vying for the crown of St Mary’s Table Tennis Champion.

HPE NEWS
St Mary’s CPS 60 Minute Challenge
Friday 9 September 4.30pm – 5.30pm. No prior registration required. The timer will start at 4.30pm and finish at 5.30pm. Challenge yourself to see how many laps you can run. All laps run count to the 100 Club. Collect your bib when you arrive. BBQs will be set up for families wishing to stay on.
**Athletics**

Our annual Athletics Carnival for Pre Primary to Year 6 will be held on Friday 16 September. Parents who are available to assist with running the carnival please email me on: alberti.tino@cathednet.wa.edu.au

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<td>Janelle Norrish and Aurelia Evans</td>
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<td>Starter’s Marshall</td>
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<td>Long Jump</td>
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<td>Mrs Alberti and ?</td>
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<td>Shot Putt</td>
<td>Mr Priest and ?</td>
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<td>Turbo Javelin</td>
<td>Mrs Webb and Mrs Illman</td>
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<td>Vortex Throwing</td>
<td>Mrs Anika Skehan</td>
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<td>Yr. 4 – 6 Bay Marshall</td>
<td>Mr Cronin</td>
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**Relay For Life**

A flyer will be sent home with the eldest in each family with information on Relay for Life. If you are interested in being a part of Relay for Life please let me know.
Mr Alberti
alberti.tino@cathednet.wa.edu.au

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**Activities: Happy Father’s Day!**

**WHERE:** ST MARY’S HALL

**WHEN:** FRIDAY 2 SEPTEMBER

**TIME:** BREAKFAST FROM 7AM - 8AM

‘Fathers vs Students’ football game and other activities from 8am

All attending fathers/guardians will go into the draw for a Father’s Day hamper of goodies!
Sustainability News
The Great Aussie Crunch is on again next week. Students should try to ‘crunch the rainbow’ by including lots of healthy fruit and vegetables in their lunchboxes and in Crunch and Sip times. It is great to see the rainbow colours of snow peas, capsicum strips, cherry tomatoes and carrot sticks included in some containers. Keep up the great work!

Make sure to keep your eye out for our new vegetables and herbs starting to grow in our Veggie Gardens behind the Year 5 and 6 classrooms starting next week. We will be growing cherry tomatoes, cucumbers, snow peas and lots of other yummy vegetables!

MORE Sustainability News! – Spring into your garden!

Spring is a fantastic time in the garden where everything is coming to life. Take this opportunity to plant more flowers amongst your fruit and vegetables to attract beneficial insects into your garden. Beneficial insects will make a meal of unwanted pests, do away with the need for nasty sprays, and give you the lion’s share of fresh fruit and vegetables. You could also discourage unwanted pests from your garden by interplanting your vegetables with a variety of aromatic plants (one aromatic plant will not work on its own).

Plants to attract beneficial insects: Coriander, dill, bronze fennel, Italian and curly leaf parsley, passionfruit, Mexican sage and lavender.

Plants to discourage unwanted pests: Rosemary, oregano, basil, cotton lavender, chamomile, chilli and basil

The flowers of feverfew and pyrethrum daisy encourage beneficial insects and deter unwanted pests.

PLANTING GUIDE - SEPTEMBER

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Be sure to keep an eye out for fresh produce from the school veggie patch, being sold before Friday assemblies.
Land ahoy!

“The Duyfken, I think, is a beautiful, most wonderful and grand ship, that I’ve ever seen!” Brady.

“I loved the bottom deck because of the special, original bricks that were 400 years old.” Sophia.

I liked the spices because they smelled ancient and nice. I also liked them because they cost a lot of money in the olden days. Catherine.

The Duyfken was especially exciting when we got to look in the Captain’s cabin. It was very small. I thought it would be bigger. Finn.

We would love to fire that cannon!
Year Five
Class Duyfken
Excursion

Flogging
Year Five style

Close quarters
below decks
Year Four and Five Classes Visit ‘The Duyfken’

On 29 August the Year Four and Five classes went to visit the replica of the Duyfken. The Duyfken was the little Dutch sailing boat that first discovered Australia in 1606 while searching for gold. The Duyfken was a very small boat that carried mostly spices from Indonesia. The captain of the ship was Willem Janzoon.

We were given the opportunity to explore the replica and learned many interesting facts. The replica had 14 cannons on board and about half of them were from the original. It took nine months to build the original and it took four years to build the replica.

There were 35 sailors on board and they had to sleep on the wooden deck with blankets. The captain and the main sailor were the only crew with a room. The spices were more valuable than gold. One nutmeg could have bought a horse and cart or a very big house. In harsh weather, the sailors were allowed to sleep below deck near the spices. They were supervised so that they didn’t touch them.

The captain of the Duyfken had to be at least two metres tall because there was a step he had to stand on and look out over a big plank of wood. The crew had no wheel to steer with, they only had had a wooden pole.

Crew who needed punishing were whipped with the cat-o-nine tails. The captain was not the one to punish them. The offender’s best friend was the one to do the punishing, and if he didn’t whip hard enough, he would get the same punishment and it would keep going until he was whipped hard enough.

Young children were trained as apprentices. The young children on board were called powder monkeys. The powder monkeys would be the ones to climb up the side of the boat and set the sails. They would do the cleaning while learning how to be a sailor.

Some of the cannons would fire 2 metal balls that were joined with a chain. These were designed to strangle enemies. Other cannons would destroy the masts. They would not usually blow a hole in the side of the ship because if they sunk the ship they would lose the treasure. Once another ship was captured, the crew of that ship was not injured.

When sailors found an island that had not previously been mapped, they would get a plate from the kitchen and would hammer it so it was flat, then they would carve their name and the date into the plate. They would put the plate in a tree and then sail off. The next person would come along and think they found the island until they discovered the plate and they would take that one down, grab another plate, write what the first person had said and write what they have to say. They would then take the old one to map makers to put the island on the map.

I really liked my experience on the Duyfken, being on a replica of a ship that actually sailed on the ocean and discovered Australia, to see how people lived on a boat with harsh weather conditions, to walk on a swaying boat while trying to work would be a nightmare. How did they do it?
HAY PARK REDBACKS CRICKET CLUB
Junior Registration

Registrations are now open for all junior players from Milo In2Cricket through to Year 11/12. Registration can be made either online or by attending registration day.

Please follow the instructions below for online registrations.

OR

Attend registration day on TUESDAY 6th September @ 4:30-5:30pm

Enquires, contact: Stuart Hayward 0404788847
or stuart.r.hayward@education.wa.edu.au