

## St Mary's Catholic Primary School Newsletter

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#### 15 June 2017

Vol 8.2.17

	IMPORTANT DATES			
June				
Fri 16	YEAR 2 ASSEMBLY			
Sat 17	Year 6 Confirmation 6pm Saturday, St Patrick's			
	Cathedral			
Mon 19	AFL Football Clinic			
Wed 21	Kindy Family Day Lunch 11.30am			
Thur 22	Walk to School Day			
Fri 23	St Mary's Cross Country Carnival 9am - 1pm			
Wed 28	Our Lady of Perpetual Help Mass 9am			
	Mission Market 10am - 11am			
Fri 30	General Assembly			

Last Day of Term Staff and Students

#### **Vision Statement**

A welcoming faith community

> We value relationships

We pursue excellence in learning

We live the Gospel message of love

### **Corpus Christi**

Soul of Christ, sanctify me; Body of Christ, inebriate me; Water from the side of Christ, wash me:

Passion of Christ, strengthen me; O good Jesus, hear me; Within your wounds, hide me; Separated from you let me never

From the evil one, protect me; At the hour of my death, call me; That with your saints, I may be

Praising you forever and ever. Amen



Faith is a marvellous gift which only God can give.

Lord, send me the Holy Spirit. May he fill my

soul with His gifts so that I can truly welcome His work and announce to everyone the wonders of your love. Spirit of wisdom and reverence, awaken and animate my faith and help me grow in goodness and grace.

Dear Parents, Students and Friends,

All is in readiness for Saturday night's Confirmation Mass with the students involved in a Commitment Mass last weekend and a visit from Bishop Gerard Holohan on Wednesday. The students have been well prepared by Mr Priest and Mrs Toia and Confirmation is an important part of the students' faith journey. God bless

Paul Cronin

#### St Mary's P & F Quiz Night

The P & F will be holding a Quiz Night early in Term 3 on Friday 28 July in our school hall. Mr Rory McKenzie from BCC who some of you will know, has kindly offered to help with the questions for the night. Book it in your diaries now and start organising your table!

#### Yoga

Some Kindy and Pre Primary students had their first taste of Yoga on Monday with a second session planned next week. From all reports the students had a great deal of fun! Yoga sessions are planned for students across the school thanks to the support of the P & F.

## **More from Mr Cronin Hall and Chapel News**

In December during my Principal's Report at the End of Year Concert, I mentioned the possibility of the old school hall receiving a lifeline after it was destined to be demolished. The school Board have spent many hours in meetings and negotiating with builders comparing demolition and restoration costs for the old hall. The old hall dates back to 1904. It was the first classroom built at St Mary's and is heritage listed. These are important reasons to keep it. The Board discovered that there was not a huge difference between the cost of knocking the old hall down and restoring it, and with the introduction of Before and After School Care and the program needing a home, the old hall will be perfect!

Most will agree that the chapel is also in need of a facelift, so the Board are currently finalising an agreement with a builder to upgrade the chapel and hall at the same time. With the old hall's Heritage Classification, there is a process to follow to gain permission from the City of Bunbury before work can begin.

Families will be kept up to date on the progress of the upgrade, with it expected to take about three months once we receive approval for the project. Some of the work will happen during school time and an area will be fenced off around the two buildings.

When finished, the upgraded hall and chapel will be great assets for future generations to enjoy.

#### **Winter Carnival**

We had perfect autumn weather for our Winter Carnival last week with students in Years 5 and 6 enjoying the opportunity to spend the day competing in their choice of hockey, football, netball and soccer. Congratulations to all of the St Mary's students on their teamwork and positive spirit in which they played. Special thanks to the parents who helped with coaching and umpiring of teams.



#### **Mr Priest Away**

Mr Priest will be taking the last two weeks of term as Long Service Leave and will be heading north with his family in search of warmer weather. Mrs Toia will be in the Year 6 classroom Monday and Wednesday as well as her normal days and Mrs Turpin will be in the classroom on Tuesdays.

#### **Helping Children Deal With Anxiety**

A session for parents will be held at St Mary's in the hall from 7pm on Wednesday 5 July (first week of the holidays) to give advice on assisting children to deal with anxiety. Gemma Lee Taylor from 'FRIENDS Resilience' will be presenting the free, one hour session and will focus on:

The risk and protective factors for healthy emotional development

The importance of developing socio-emotional skills to prevent emotional distress and

Why building resilience in the family is important

Please email me on <a href="mailto:paul.cronin@cewa.edu.au">paul.cronin@cewa.edu.au</a> if you are interested in attending.

### St Mary's Altar Serving Debut, St Patrick's Cathedral





Congratulations to Mia, Maddison, Thomas and Harry



#### New Newsletter Feature

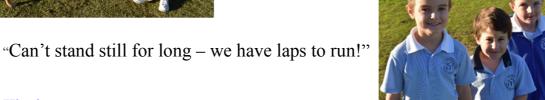
You can expect to see a photo of all of our certificate winners each week. Below are last week's happy faces!





#### Fun Fitness Friday

We had the usual huge crowd of students, parents and staff, as well as a few family pets racking up the laps last Friday morning.



#### Having Fun in Kindy

Dressing up, pretending and acting are key elements in the learning that happens in Kindy. Students have been enjoying taking on the roles of Goldilocks and the Three Bears and performing in front of their peers. The Kindy Doctors' Surgery has also been very busy lately! And it's important to fit in time to play with dinosaurs.















STUDENT AWARDS					
YEAR 1	Eva Spinelli	Kaitlyn Pitts			
YEAR 2	Year 2 Class				
YEAR 3	Eamon Ramsay	Nicholas Bouzada-Olgiati			
YEAR 4	Charlotte Brasher	Niamh Hamill-Harling		0)	
YEAR 5	Catherine Pham	Marcus Smargiassi	11/ 901		
YEAR 6	Adam Warnock	Flynn Smith	Jell don		
A.R. 50%	Lily Kilpatrick	Abigail Hynes	Taneisha Scott	Jade Turpin	
	Keira Pitts	Mia Ivey	Keira Hall	Grace Sarre	
	Alexis Gianfrancesco				
A.R. 75%	Alek Liaros	Jasmin Tan			
PHYS ED 50KM	Rubee Males	Baylee Brand	Frances Best	Brady Emerson	
	Finn Marshall	Milly Patterson	Milly Sarre		

#### **SCHOOL NEWS**

#### **HPE NEWS**

#### **Cross Country Carnival**

St Mary's Cross Country Carnival will be held on Friday 23 June starting at 9.15am at St Mary's CPS.

The Schedule is (start times are approximate only):

9.15 am Year 6 3 laps

10am – 10.20am South Bunbury Recess (St Mary's to take recess as well).

 10.25am
 Year 5
 3 laps

 10.55am
 Year 4
 2 laps

 11.20am
 Year 3
 2 laps

 11.45am
 Year 2
 1 lap

 12pm
 Year 1
 1 lap

12.15pm Pre Primary (around School Oval)

12.30pm Presentation of Rosemary Hannon Shield assist

Parent helpers needed.

#### **UNIFORM LABELLING**

Families are encouraged to clearly label their children's uniforms - especially winter jumpers and sports jumpers. These are often removed and forgotten about during recess and lunch and frequently remain unclaimed. Unlabelled and unclaimed uniform items get sent to the Uniform Shop to be resold as second hand.

#### **Cross Country After School Training**

Students (and parents) who would like to train on terrain similar to the Interschool Sports Carnival can meet me in the Maidens Car Park (between Hudson and Westwood Street) at 4pm on Monday 26 June, Wednesday 28 June, Monday 17 July or Wednesday 19 July. Training goes for about a hour. Parent assistance required.

#### Walk to School Day

All families and friends of St Mary's CPS are invited to join in our Walk to School Day which will be held on Thursday 22 June. We will depart Big Swamp at 8am. This will event will be cancelled in the event of inclement weather.

#### **AFL Clinics**

The SW Regional Development Officer for AFL will run clinics on **Monday 19 June** at St Mary's CPS. **All students are to be in Sports Uniform please.** 

Mr T Alberti

HPE and Music/Drama teacher

#### **UNIFORM NOTES**

For the next three Friday mornings, during Uniform Shop hours, there will be tables of second hand uniform items available for the taking, with a donation to Caritas most welcome in return.

Long sleeved polo shirts are available for purchasing from the Uniform Shop.

#### **BOOK CLUB NEWS**

Issue 4 orders have been collated and forwarded to Scholastic and should be back within the next few weeks.

#### **ABSENTEES**

- Parents are reminded that **written** absentee notes with student name, date, reason for absence and parent signature MUST be provided for all student absences a legal requirement from the Education Department of WA. Please notify the school by phone call or email if your child will be absent.
- Families who are planning extended holidays (three days or more) during term time are required to complete a Family Holiday Form BEFORE the holiday is taken.
- When teachers have completed class rolls each morning, the school office will SMS parents for any unexplained/ not notified absences each day.
- Students arriving at school late, i.e. after the morning siren, MUST come through the office and be signed in by their parent/caregiver. Should a student need to leave school early, their parent/caregiver must sign the student out at the office, even though the class teacher may have been notified. Our Duty of Care requires us to account for each student during school hours, 8.45am to 3.10pm.
- Remember, even though you have phoned or emailed the school with your child's absence, you must still send a signed note. This is a legal requirement.

#### **CANTEEN**

I would like to say a huge 'thank you' to Mrs O'Reilly for the smooth running of the canteen whilst unable to do so myself. All volunteers this term have been fantastic and are truly appreciated. I hope to be back on board next term. Thanks to all parents, students and staff for your well wishes. As school ends on Friday 30 June, all drink orders from the canteen on that day will be fruit drinks or water only.

# Importance of Breakfast



It's the most important meal of the day – but one in four children in Australia skips breakfast.

At school, a hungry child can lose concentration in class, have no energy for playtime and snack on unhealthy foods, such as chips or biscuits.

A calm and healthy breakfast every day is the best defence against this happening. It also helps children to get into good habits that they can carry through life.

Quick and easy ideas

- Cereal with milk, yoghurt and/or fruit
- Wholegrain toast, raisin bread or muffins with a little polyunsaturated or monounsaturated margarine (not butter), fruit spreads, Vegemite or sliced banana
- Fresh fruit with yoghurt
- · Fruit smoothies made with fresh or canned fruit
- Porridge with warm milk and stewed fruit

If you have a little more time

- Omelette with lean ham and tomatoes
- Boiled egg with bread fingers (cut slices of bread into dipping sized portions)
- Pancakes with fresh fruit filling
- Wholegrain toast or fresh bread with eggs (not fried), baked beans, cooked mushrooms or tomatoes
- Plain wholegrain muffin with lean bacon and cooked tomatoes

Handy tip: Discourage your child from eating breakfast in front of the television. This can also help speed up your morning routines!

#### **COMMUNITY NEWS**



BRIDGET HENNEN L.L.A.M.

## SPEECH AND DRAMA CLASSES

BUNBURY REGIONAL
ART GALLERIES
64 WITTENOOM STREET

KIDS HAVE FUN ACTING!!!

TERM 3 STARTS EACH THURSDAY FROM

27<sup>th</sup> JULY - 29<sup>th</sup> SEPTEMBER 2017

4pm to 5pm - From Age 8 - 12 yrs

CHILDREN ARE WELCOME TO JOIN DURING THE TERM

BRIDGET TRAINED AND TAUGHT AT THE FAMOUS
ITALIA CONTI ACADEMY OF PERFORMING ARTS IN LONDON UK
SOME WELL KNOWN GRADUATES:

PIXIE LOTT, RUSSELL BRAND, NAOMI CAMPBELL, GEORGE MAGUIRE, TRACEY ULLMAN, SHARON OSBOURNE, DEREK HOUGH, MARTINE McCUTCHEON, SIR NOEL COWARD, DANIEL MAYS, LESLIE PHILLIPS, TRACIE BENNET, MARK BALLAS, ANTHONY NEWLEY, EMILY LLOYD

## THE EMPHASIS OF ALL TRAINING IS FOR ENJOYMENT FUN CLASSES TO DEVELOP AND MOTIVATE LIFE SKILLS TO IMPROVE

- CREATIVITY, IMAGINATION, CONFIDENCE
- ACTING EXERCISES, IMPROVISATION, POETRY, PROSE
- DICTION TRAINING, SIGHT READING
- MOVEMENT, RELAXATION AND BREATHING TECHNIQUES

FOR FURTHER INFORMATION ABOUT TERM FEES AND PRIVATE TUITION

CALL TO BOOK: 0402 925 074

#### EMAIL: bhspeechanddrama@hotmail.com

THE ITALIA CONTI ACADEMY WAS FOUNDED IN 1911 AND IS BRITAIN'S OLDEST THEATRE ARTS TRAINING SCHOOL. IT IS RENOWNED WORLDWIDE AS A TRAINING CENTRE OF EXCELLENCE.

BRIDGET HAS WORKED EXTENSIVELY IN ALL ASPECTS OF PROFESSIONAL THEATRE, TELEVISION, FILM PRODUCTION AND ROYAL VARIETY PERFORMANCES.